



**Place an X in front of all of the following signs and symptoms that you have on a recurring basis.**

**A complete history and understanding of your health status will facilitate care.**

**GENERAL SYMPTOMS**

- headache
- fever
- chills
- night sweats
- fainting
- dizziness
- convulsions
- loss of sleep
- fatigue
- nervousness
- loss of weight
- numbness or pain in arms/legs/hands/feet
- allergies \_\_\_\_\_
- wheezing

**MUSCLE & JOINTS**

- weakness
- twitching (spasm)
- stiff neck
- back ache
- swollen joints
- tremors
- foot trouble
- painful tail bone
- pain between shoulders
- hernia

**GASTRO-INTESTINAL**

- poor appetite
- poor digestion
- excessive hunger
- belching or gas
- nausea
- vomiting
- vomiting blood
- pain over stomach
- constipation
- diarrhea
- colon trouble
- hemorrhoids
- liver trouble
- jaundice
- gall bladder trouble

**CARDIOVASCULAR**

- rapid heart beat
- slow heart beat
- high blood pressure
- low blood pressure
- pain over heart
- previous heart trouble
- swelling of ankles / edema
- poor circulation
- varicose veins
- history of stroke(s)

**EYE EAR NOSE THROAT**

- poor vision
- crossed eyes
- pain in eyes
- deafness
- earache
- ear noises
- ear discharges
- nasal obstruction
- nose bleeds
- sore throat
- hoarseness
- hay fever
- asthma
- frequent colds
- enlarged thyroid
- tonsillitis
- sinus trouble

**SKIN**

- acne
- itching
- bruising easily
- dryness
- boils
- sensitive skin
- hives
- eczema

**RESPIRATORY**

- chronic cough
- spitting blood
- spitting phlegm
- chest pain
- difficulty breathing

**GENITO-URINARY**

- frequent urination
- painful urination
- blood in urine
- kidney infection
- bed wetting
- inability to control urine
- prostate trouble(men)

**FOR WOMEN ONLY**

- painful periods
- excessive flow
- irregular cycles
- hot flashes
- cramps / back ache
- miscarriage
- vaginal discharge
- pregnant at this time
- if so due date: \_\_\_\_\_

**HAVE YOU HAD OR HAVE ANY OF THE FOLLOWING? PLACE AN X IF YES, LEAVE BLANK FOR NO.**

- |   |  |  |  |
|---|--|--|--|
| <input type="checkbox"/> appendicitis       | <input type="checkbox"/> anemia        | <input type="checkbox"/> heart disease         | <input type="checkbox"/> arthritis     |
| <input type="checkbox"/> diabetes           | <input type="checkbox"/> cancer _____  | <input type="checkbox"/> HIV/aids              | <input type="checkbox"/> alcoholism    |
| <input type="checkbox"/> chicken pox        | <input type="checkbox"/> mumps         | <input type="checkbox"/> measles               | <input type="checkbox"/> polio         |
| <input type="checkbox"/> multiple sclerosis | <input type="checkbox"/> epilepsy      | <input type="checkbox"/> rheumatic fever       | <input type="checkbox"/> tuberculosis  |
| <input type="checkbox"/> vaccinations       | <input type="checkbox"/> tonsillectomy | <input type="checkbox"/> tubes in ears         | <input type="checkbox"/> sinus surgery |
| <input type="checkbox"/> gall bladder       | <input type="checkbox"/> appendectomy  | <input type="checkbox"/> female surgery _____  | <input type="checkbox"/> hernia        |
| <input type="checkbox"/> rectal surgery     | <input type="checkbox"/> thyroid       | <input type="checkbox"/> back operations _____ | <input type="checkbox"/> stomach/ulcer |

**EXERCISE**

- none
- moderate
- daily
- heavy

**WORK ACTIVITY**

- sitting hrs/day \_\_\_\_\_
- standing hrs/day \_\_\_\_\_
- light labor
- heavy labor

**HABITS**

- smoking
- alcohol
- caffeine
- high stress

**FAMILY HISTORY**

- |          |             |              |               |             |
|----------|-------------|--------------|---------------|-------------|
|          | <b>DIAB</b> | <b>HEART</b> | <b>CANCER</b> | <b>BACK</b> |
| mother   | _____       | _____        | _____         | _____       |
| father   | _____       | _____        | _____         | _____       |
| siblings | _____       | _____        | _____         | _____       |

**LIST ANY ACCIDENTS OR FALLS: Vehicle:** \_\_\_\_\_

**Sports:** \_\_\_\_\_ **School:** \_\_\_\_\_

**BROKEN BONES OR DISLOCATIONS (FRACTURES):** \_\_\_\_\_

**OSTEOPOROSIS ? YES NO Comments** \_\_\_\_\_

**EVER ON CRUTCHES? YES NO IF YES, WHY?** \_\_\_\_\_

**HAVE YOU EVER HAD ANY SPINAL TAPS OR INJECTIONS? YES NO IF YES, WHY?** \_\_\_\_\_

**WERE YOU EVER KNOCKED UNCONSCIOUS? YES NO IF YES, WHY?** \_\_\_\_\_

**HAVE YOU EVER HAD A LAPSE OF MEMORY? YES NO IF YES, WHY?** \_\_\_\_\_

**HAVE YOU EVER HAD X-RAYS TAKEN? YES NO**

**HAVE YOU EVER SEEN A CHIROPRACTOR BEFORE? YES NO IF YES, WHO?** \_\_\_\_\_

**HOW LONG AGO? \_\_\_\_\_ WHY DID YOU DISCONTINUE CARE?** \_\_\_\_\_

**ARE YOU CURRENTLY TAKING ANY MEDICATIONS, VITAMINS, HERBS, MINERALS? YES NO**

**IF YES, PLEASE LIST THEM:** \_\_\_\_\_

**THANK YOU FOR YOUR COOPERATION IN FILLING OUT THIS FORM TO ENABLE US TO BETTER CARE FOR YOUR HEALTH.**

# West Michigan Chiropractic Center, P.L.C.

## Consultation History

Patient Name: \_\_\_\_\_ Today's Date: \_\_\_\_\_

If applicable please circle one: Auto Accident Work related injury Other (please specify) \_\_\_\_\_

Major Complaints:

A) \_\_\_\_\_ D) \_\_\_\_\_  
B) \_\_\_\_\_ E) \_\_\_\_\_  
C) \_\_\_\_\_ F) \_\_\_\_\_

What have you heard about Chiropractic? \_\_\_\_\_

Which of your major complaints bother you the most? (circle one) A B C D E F

How long have you had the complaint(s)? \_\_\_\_\_

Prior to the problem beginning, did you ever have an earlier problem that was the same or similar? \_\_\_\_\_

Did it appear (circle one) Slowly Immediately

Does anyone else in your family have this problem or a similar one? \_\_\_\_\_

How often does it bother you now? \_\_\_\_\_

When it is at its worst, how does it feel? \_\_\_\_\_

When it is at its worst, how does it interfere with your normal daily activities? \_\_\_\_\_

Does this problem reduce your productivity or effectiveness regarding your work? \_\_\_\_\_

What have you done to aggravate the problem? \_\_\_\_\_

How much older than you are, does your current problem make you feel? \_\_\_\_\_

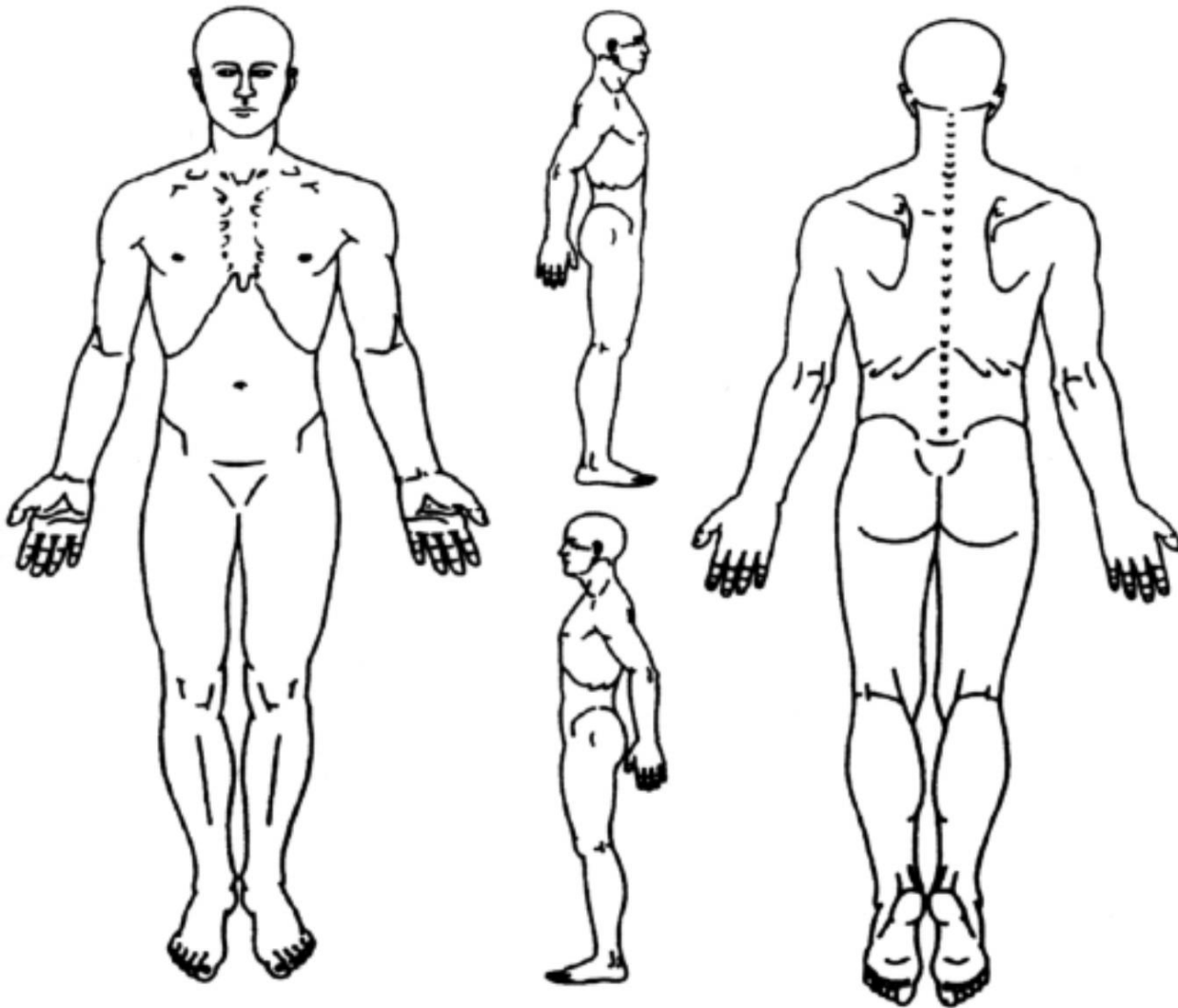
If your problem was left unhandled for five years, how do you think it would affect you? \_\_\_\_\_

Are you committed to getting rid of not only your symptom(s) but what has caused it, even if it requires a change in your lifestyle? (circle one) yes no

Do you have children? If so please tell me about them, names and ages? Are they healthy, do you have any health related concerns for them? \_\_\_\_\_

On the diagram below, please indicate where you are experiencing pain right now. Please mark the exact location of your pain on the diagrams using the following abbreviations:

**Pain = P**    **Tingling = T**    **Numbness = N**    **Burning = B**    **Stiffness = S**



Circle the severity of your pain on the scale of 0 – 10.

**Extreme Pain**

**No Pain**

**10      9      8      7      6      5      4      3      2      1      0**

Please write any additional information you would like the Doctor to be aware of: \_\_\_\_\_

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**Patient Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_